

Nutrmedicine :: Phytomedicine

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Elderberry BioComplex

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60 tablets per blister pack

Dosage

Adults - Take two tablets twice daily. Children under 12 years - Take one tablet twice daily.

Formulation

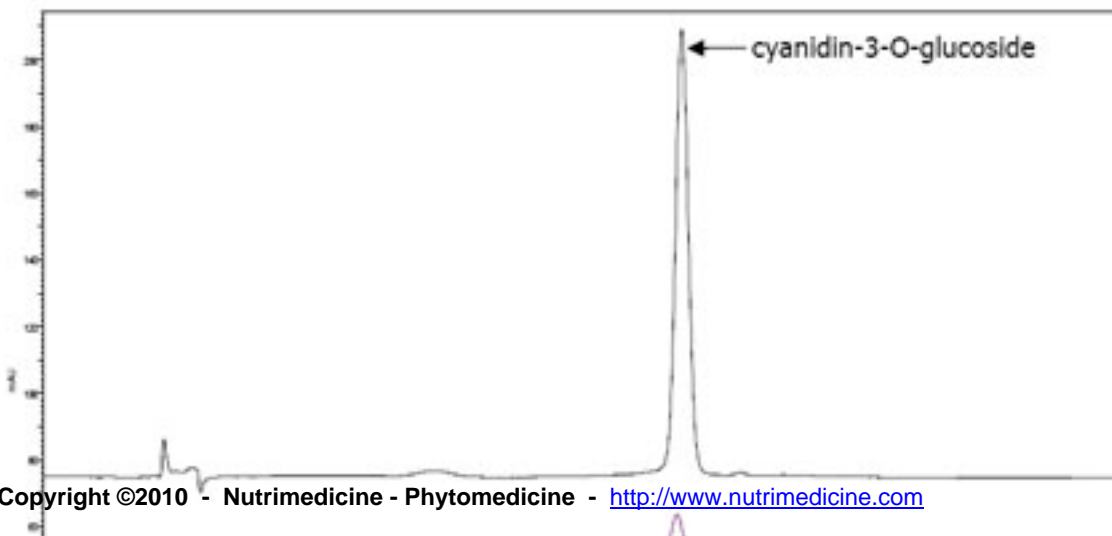
Sambucus nigra (Elderberry) 2.33 g Ascorbic Acid 120 mg Zinc gluconate (equiv to Zinc 12 mg) 93.6 mg

Concomitant Treatment

To enhance immune function add Defence Support and Zinc BioComplex.

Technical Information

Three Australian products containing Elderberry extract were compared to Nutrmedicine's Elderberry BioComplex tablets. Samples were analysed on the HPLC using the Bilberry method.



All products sampled showed different quantities and expressions/extract ratios of Sambucus nigra. Elderberries are rich in flavonoids including anthocyanins. The anthocyanins cyanidin-3-O-glucoside and cyanidin 3-sambubioside are the major active constituents.

This comparison shows that the Nutrmedicine Elderberry BioComplex tablet is superior to the other products with respect to the active anthocyanins content.

[Vendor Information](#)