

## Nutrmedicine :: Phytomedicine

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### Joint Support + MSM Powder

**Price:** [You have been logged out. Please login](#)



250g powder plastic jar

Store below 25 degrees Celsius in a cool dry place.

**Dosage** The effective clinical daily dose of glucosamine sulfate in positive trials is 1500mg. The standard recommendation is for this dose to be continued for 6-8 weeks then reduced to 1000mg daily thereafter. A pleasant tasting orange flavoured powder.  
Therapeutic dose - One heaped teaspoon (5 g) daily or according to patient's requirements.

- Glucosamine Sulfate 1000 mg
- Chondroitin Sulfate 500 mg
- Methyl Sulphonyl Methane 750 mg
- Calcium Ascorbate 189.3 mg
- Ascorbic Acid 108.7 mg  
(total Vitamin C 265 mg)
- Bromelains 80 mg
- Rutin 100 mg

- Silicon Dioxide 100 mg
- Magnesium Phosphate 483.9 mg  
(equivalent to elemental Magnesium 100 mg)
- Manganese Amino Acid Chelate 40 mg  
(equivalent to elemental Manganese 4 mg)
- Cupric Sulfate Pentahydrate 197 mcg  
(equivalent to elemental Copper 50 mcg)
- Selenomethionine 62.5 mcg  
(equivalent to elemental Selenium 25 mcg)
- Harpagophytum procumbens (Devils Claw)  
equivalent to dry tuber 300 mg  
(standardised to contain Harpagoside 2 mg)

**Concomitant Treatment** For additional nutritional support for joint swelling, consider the addition of Nutrmedicine's E BioCell + Selenium twice daily. High dose vitamin E has been shown to reduce inflammation of joints, and increase joint mobility. For prove herbal antiinflammatory action, Phytomedicine's Boswellia Compound, at 1 tablet tds, is an effective addition. Patients at risk of osteoporosis would benefit from the addition of Nutrmedicine's Bone Support at 2 tablets bd. The addition of one Flavonoid C BioComplex tablet daily would be useful consideration in osteoporosis.

## Technical Information

[Vendor Information](#)